

Note: Permission from the Yakamas may be needed to camp in Avalanche Valley

Avalanche Valley

21 miles total, 4,500' gained

From the Muddy Meadows trailhead, proceed on #13 just over 2 ½ miles to the junction with the PCT. Go straight through this intersection, and then continue on a little more than 1 ½ miles to the Highline trail (#114; probably unmarked). Turn left.

Once on the Highline, proceed about ¾ mile to Foggy Flats, the last clear water for a while. The trail from Foggy Flats to Devils Gardens is about 3 ¼ miles, is exposed, may require creek fords, and is generally slow going through the rocky, uphill terrain.

The ridge top is the Gardens, also marked with the Yakama Reservation Boundary sign. From this high point, quickly descend (note the small gap in the distance between Goat Butte and Mt. Adams' slopes; the entrance to Avalanche Valley and can be used for reference). After this brief downhill, the unmaintained trail then traverses S/SE and requires paying careful attention to the cairns marking the path. Pass through the gap and down alongside springs, into Avalanche Valley, about 2 ½ miles from Devils Gardens.

Retrace your route for the return.

